

# Activity Newsletter

The Collingwood Nursing Home Ltd.

## March 2017

### Programs of the Month

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Like the curtain opening for a play, March is the beginning for all things new in nature such as animals being born, spring flowers and birds building nests to hold their eggs. The days are getting longer and warmer, it is truly a wonderful season. We have Men's Lunch Club on Thursday, March 2nd. Our Volunteer Matt will be here to dine and converse with the members of this club. We have a new country band coming on Tuesday, March 7th so please come out and make them feel welcome. Ian G. will be having a reading group on March 8th & 22nd. He will be reading short stories and I am sure there will be a few jokes thrown in for good measure. Welcome Ian! Our Resident & Family Council Meeting will be held on Tuesday, March 14th at 1:30 p.m. Please note that family members are invited to this meeting. Our Annual Poker Run will be held on March 16th so come and participate. Our St. Patrick's Day party will be on March 17th at 1:30 p.m. and will be hosted by David Pegg. Come and listen to his songs and entertaining stories. There are outings, special lunches, bingo, trivia, sing-alongs, Happy Hour, manicures and many more programs offered. Please come out to the activities and be social.

***Happy Spring Everyone!***

Bev Cloutier, Activity Director



Happy Birthday.....

Joyce Ewart

March 4th

Ross Carne

March 14th

Michael Merritt

March 21st

Kenneth Edgar

March 27th



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*Goodbye*

*"We say goodbye*

*With fond memories,*

*Our lives have been*

*Enriched because we*

*Have known you"*

***Patricia Staples***

***Wayne Thornington***

***Ascenza Mattacchione***

**Regarding Resident Meals, Snacks, Drinks  
and the Snack Cart**

Dear resident, family and visitors.

Our home monitors all nutritional intake of food and drinks our residents receive. One of the regulations the home has to follow is the documentation of all food and fluid intake of our residents. The reasoning for this is to ensure each person is getting proper nutrition and fluids on a daily basis, and we monitor this every day and document it. It has come to my attention that some family members or visitors are taking the residents food and/or drinks and consuming it themselves. This leaves our staff with a false reading of what the resident may or may not have consumed during meals and snack times. Additionally our home has a specific daily amount of funds for all of the meals and snacks we provide to our residents. We receive \$8.33 (daily amount) per resident funding from the Ministry of Health for all food items. As you can see the home has a small food budget and high expectations in documenting requirements to help ensure the seniors we care for have the proper food and nutritional needs met. Please help us by not asking staff to provide family and visitors with food/snack/drink items that belong to your loved ones in the care of our home.

Sincerely

Peter Zober, President & Administrator

**REQUEST**

**We are in need of volunteer knitters for our Tuck Shop. We supply the yarn. Please contact Bev Cloutier, Activity Director if you are interested in donating your time.**

**The Activity Department is in need of yarn for our knitting program.**



**Please drop off any donations of yarn to the 'Activity Department'**

**Volunteer Village**

**Come & discover all the exciting wonderful ways that you can get involved in your community. A chance to interact and explore a variety of volunteer opportunities. We offer hands on experience, a chance to develop new relationships, to share skills and talents. Retired, Seniors, and students are Welcome!**

**For more information please contact Bev Cloutier, Activity Director or Janice Bristow, Volunteer Village Attache.**

**\*\*We are in need of volunteers to assist with outings, friendly visiting, and Tuck Shop.**